

**BERGEN COUNTY
DEPARTMENT OF HEALTH SERVICES**



FAMILY RESOURCE GUIDE





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JAMES J. TEDESCO, III
County Executive

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BERGEN COUNTY DIVISION OF MENTAL HEALTH & ADDICTION SERVICES

Shelby Klein, *Division Director*
 Dana Napoletano, *Assistant Division Director*

JOIN US FOR CIACC!

You have a voice. We would like to have your voice at the table.

How can we bring your voice to our table?

What do you think we can do for your family?

What is CIACC?

CIACC stands for CHILDREN'S INTER-AGENCY COORDINATING COUNCIL

The Bergen County CIACC serves as a mechanism to...

- Advise the County Mental Health Board and the NJ Department of Children and Families in planning services for children;
- Provide the County with a multidisciplinary forum to review and discuss the system of services for children with special social, emotional, and behavioral challenges;
- Identify and address barriers to effective service delivery;
- Identify solutions for the County and make appropriate recommendations on programs and policies that impact children and families;

...through a partnership of parents, consumers, government, community-based organizations, and service providers.

The ultimate goal of the CIACC's activities is to monitor the system of services relating to intellectual/developmental disability, mental health and addiction services available to children and families to ensure that the appropriate and least restrictive level of care is obtained and that a comprehensive system of needed services within the County is maintained.

This preserves the integrity of treatment and saves public funds by diverting unnecessary out-of-home placements.

To join us or contact us, please reach out:

Bergen County Division of Mental Health & Addiction Services

One Bergen County Plaza, 4th Floor

Hackensack, NJ 07601

Phone: (201) 634-2750

ABOUT THIS GUIDE

The guide outlines programs and services that may be of interest to individuals and families and is based on frequently requested resources. Resources accessible at no cost and/or Medicaid covered are listed. There are many private resources available in the community that we have not included.

This guide does not endorse or evaluate the resources listed and is intended to provide information that will help individuals and families consider which resources best fit their needs. Resources listed do not an omission of a resource does not signify disapproval.

This guide highlights a small portion of the information that the CIACC has available to the public.

For additional information, please contact the Bergen County CIACC Convener through the Bergen County Division of Mental Health & Addiction Services at (201) 634-2750 or for more robust listing of resources go to www.bergenresourcenet.org



STATE RESOURCES OFFICES

NEW JERSEY DEPARTMENT OF HUMAN SERVICES

Address: 222 S Warrant St. Trenton, NJ 08625

Phone: (609) 292-3717

Hours: Mon-Fri 9:00 AM – 5:00 PM

<https://www.state.nj.us/humanservices/>

NEW JERSEY DEPARTMENT OF CHILDREN & FAMILIES

Address: 50E State St., Trenton, NJ 08608

Phone: (856) 463-6323

Hours: Mon-Fri 8:30 AM – 4:30 PM

<https://www.nj.gov/dcf/>

NEW JERSEY DIVISION OF CHILD PROTECTION & PERMANENCY

Bergen Central Location Office: 240 Frisch Court – 2nd Floor, Paramus, NJ 07652

Phone: (201) 291-0579

Bergen South Location Office: 125 State Street, 1st & 2nd Floors, Hackensack, NJ 07601

Phone: (201) 996-8900

<https://www.nj.gov/dcf/about/divisions/dcpp/>

NEW JERSEY FAMILY CARE

Federal and State-funded health insurance programs were created to help qualified New Jersey residents of any age access affordable health insurance.

Phone: 1 (800) 701-0710 www.nifamilycare.com

MY NEW JERSEY HELPS

A website for NJ residents to apply for a variety of programs. These programs include SNAP, TANF, GA, NJ FAMILYCARE/MEDICAID.

<https://www.njhelps.org>

2ND FLOOR YOUTH HELPLINE

A confidential, anonymous, 24/7 helpline for New Jersey youth between ages 10 – 24 and provides a website with an online message board, text support, Youth Advisory Council, and referrals.

Phone: (888) 222-2288

<https://www.2ndfloor.org/>

ReachNJ.GOV

New Jersey's Addiction Helpline. ReachNJ is a central call-in line for NJ residents who are looking for help with a substance use disorder (SUD). ReachNJ serves all NJ residents.

Phone: 1-844-732-2465

<https://ni.gov/humanservices/reachnj/>

NEW JERSEY DIVISION OF DEVELOPMENTAL DISABILITIES (DDD)

Oversees programs and supports for adults (age 21+) with intellectual and developmental disabilities.

Phone: 800-832-9173

<https://www.nj.gov/humanservices/ddd/>

NEW JERSEY DIVISION OF VOCATIONAL REHABILITATION SERVICES (DVRS) – BERGEN COUNTY OFFICE

Assists individuals with disabilities achieve employment outcomes.

Phone: 201-996-8970

<https://www.nj.gov/labor/career-services/special-services/individuals-with-disabilities/>

STUDENT MENTAL HEALTH ASSESSMENT PROVIDERS FOR SCHOOL CLEARANCE NEEDS

**PLEASE DO NOT go to ANY local hospital/emergency department
FOR A SCHOOL CLEARANCE**

**THEY DO NOT CONDUCT THESE ASSESSMENTS
(and will charge you for an emergency visit and all related services involved)**

CARE PLUS NJ, INC.

Request a school clearance assessment. If needed, ask for Assist. VP of Children's Services.
Address: 610 Valley Health Plaza, Paramus, NJ 07652
Phone: (201) 797-2660 X 5602

CBH CARE

Request a school clearance assessment.
Address: 516 Valley Brook Avenue, Lyndhurst, NJ 07071
Phone: (201) 646-0195

WEST BERGEN MENTAL HEALTHCARE – CENTER FOR CHILDREN AND YOUTH

*Ask for Access Center - Request a school clearance assessment. If needed, ask for the
Outpatient Director, and/or school-based Services Director.*
Address: One Cherry Lane, Ramsey, NJ 07446
Phone: (201) 688-7098

CHILDREN'S AID AND FAMILY SERVICES

*Request a school clearance assessment. If needed, ask for the Director or Coordinator of
Clinical Services.*
Address: 200 Robin Road, Paramus, NJ 07652
Phone: (201) 740-7082



CRISIS SERVICE PROVIDERS

PERFORMCARE

Provides the services, resources, tools, and support for youth and families to participate in treatment within their homes, schools, and community settings. Available 24 hours a day, 7 days a week. Phone: 1 (877) 652-7624 Website: www.performcarenj.org

CHILDREN'S MOBILE RESPONSE

Face to Face Crisis Response within one hour of notification. The goal is to stabilize behavior and prevent loss of ability to remain in the home. Can respond 24/7 and can offer up to 8 weeks of stabilization services. Phone: (201) 796-9479

PSYCHIATRIC EMERGENCY SCREENING PROGRAM (PESP) – (201) 262-HELP (201) 262-HELP (4357)

The purpose of 262-HELP is to provide mental health evaluations, crisis intervention counseling, and support to adults to assess for the most clinically appropriate intervention. They are available 24 hours a day, 365 days a year. When 262-HELP services are requested for a minor, parent/guardian consent is required.

<https://careplusnj.org/client-resources/crisis-response-services/>

BOARD OF SOCIAL SERVICES

Provides an array of social services to help individuals and families meet their basic needs so they can live in dignity and achieve their highest potential. Website: <https://bcbs.com/> Address: 216 Route 17 North. Bldg. A Rochelle Park, NJ 07662 Phone: (201) 368-4200

BERGEN HEARTS

Assist Bergen County families who are experiencing a homeless emergency find and transition to a healthy, safe, and secure living environment while they build on their family's strengths and develop the skills to overcome their family's unique challenges in order to live independently in the community. Website:

<https://www.co.bergen.nj.us/heartshomeless-family-services>

Address: 40 Passaic Street, Hackensack NJ 07601 Phone: (201) 488-2525

CENTER FOR HOPE AND SAFETY

Devoted to sheltering Bergen County residents who are affected by domestic violence. Provides a comprehensive umbrella of support services to help families attain safety, build a strong foundation for healing, gain self-reliance, and stop the cycle of violence. Website: <https://hopeandsafetynj.org> Address: 12 Overlook Ave. Rochelle Park, NJ 07662 Phone: (201) 498-9247

Website: <https://hopeandsafetynj.org>

Address: 12 Overlook Ave. Rochelle Park, NJ 07662 Phone: (201) 498-9247

24-Hour Emergency Center Hotline:

(201) 944-9600

Project CHILD Program: (201) 300-6666

Emergency Legal Services: (201) 527-6275

Shelter Program Offices: (201) 836-1075

OFFICE OF EMERGENCY MANAGEMENT

The Bergen County Office of Emergency Management is the lead agency for preparedness, response, recovery, and mitigation in Bergen County. Website:

<https://www.co.bergen.nj.us/emergency-management/about-emergency-management>

Phone: (201) 785-5757 or (201) 336-7705

NJ REGISTER READY

Register Ready – New Jersey’s Special Needs Registry for Disasters allows New Jersey residents with disabilities or access and functional needs and their families, friends, caregivers, and associates an opportunity to provide information to emergency response agencies so emergency responders can better plan to serve them in a disaster or other emergency.

Website: www.ready.nj.gov/plan-prepare/access-functional-needs.shtml

SUICIDE HOTLINES

9-8-8 National Suicide & Crisis Lifeline (24/7)

Crisis Text Line: Text HOME to 741741 (24/7)

NJ Hopeline: (855) 655-6735 (24/7)

HOTLINES FOR OTHER CONCERNS

2nd Floor Youth Helpline (All Issues):
(888) 222-2228

National Sexual Assault Hotline:
(800) 656-4673 (HOPE) (24/7)

Addiction Services – ReachNJ Hotline:
1 (844) 732-2465

US Hotline Gamblers Anonymous:
(855) 222-5542

Hotline to Report Abuse/Neglect:
(877) NJ-ABUSE (652-5873)

National Suicide Prevention Hotline:
1 (800) 273-TALK (8255) OR 988

Trevor Project Lifeline: 1 (866) 488-7386



MENTAL HEALTH PROVIDERS

PERFORM CARE

The contracted state front door to services for children. Provides a path for families to request appropriate therapeutic care.

Deploys Mobile Response & Stabilization Services. Available 24/7.

Website: www.performcarenj.org

Phone: (877) 652-7624

BERGEN COUNTY

DIVISION OF MENTAL HEALTH & ADDICTION SERVICES

Offers information and referrals to interested parties seeking mental health services. Division also promotes community awareness of mental illness and suicide prevention with the Stigma-Free initiative throughout the County of Bergen.

Website:

<https://www.co.bergen.nj.us/mental-health-services/about-mental-health-services>

Phone: (201) 634-2750

BERGEN COUNTY

DIVISION OF FAMILY GUIDANCE

Dedicated to Bergen County as a resource for youth and families in need. Offer counseling, prevention, and intervention programs. Offers a 24-hour crisis unit for youth.

Website:

<https://www.co.bergen.nj.us/divisions-of-family-guidance>

Address: One Bergen County, 2nd floor
Hackensack, NJ 07601

Phone: (201) 336-7350

FAMILY SUPPORT ORGANIZATION OF BERGEN COUNTY

Provides support, education, and advocacy for caretakers of children with emotional, behavioral, developmental, or substance use challenges.

Website: <http://fsobergen.org/>

Address: 108 29th St, Fair Lawn, NJ 07410

Phone: (201) 796-6209

BERGEN'S PROMISE

Offers unique, community-based wraparound services to families who have children with emotional, behavioral, developmental, mental health, and substance abuse needs.

Website:

<https://www.bergenresourcenet.org/>

Address: 3 University Plaza Drive, Suite 300
Hackensack, NJ 07601

Phone: (201) 712-1170

BERGEN NEW BRIDGE MEDICAL CENTER

Provides comprehensive individualized behavioral care to assess any underlying medical or biochemical cause for mental health. Serves children, youth, and families.

Website:

<https://www.newbridgehealth.org/health-services/behavioral-health/>

Address: 230 East Ridgewood Ave.,
Paramus, NJ 07652

Access Center: 1 (800) 730-2762

CARE PLUS, NJ, INC.

Provides comprehensive, recovery-focused mental health and substance abuse services for children, adults, and families.

Locations in Paramus, Fair Lawn, and Hasbrouck Heights

Phone: (201) 986-5000

Website: www.careplusnj.org

CBH CARE

Offers a wide range of treatment and support services for children, adults, and families suffering from mental health and substance abuse.

Locations in Hackensack, Lyndhurst, and Westwood

Website: www.cbhcare.com

Phone: (201) 646-0333

JEWISH FAMILY & CHILDREN'S SERVICES OF NORTHERN NEW JERSEY

Provides professional and compassionate services to strengthen well-being. Services include mental health services, case management, and after-school programs.

Website: <https://www.ifcsnnj.org/>

Address: 1485 Teaneck Road

Teaneck, NJ 07666

Phone: (201)837-9090

VANTAGE HEALTH SYSTEM

Provides wellness through integrated mental and physical healthcare, support services, and affordable housing. Vantage Health System provides outpatient counseling, psychiatric evaluation, support groups, and supportive housing to children, adolescents, adults, and elders with mental health, addiction, developmental, and eldercare challenges.

Website: <https://vantagenj.org/>

Address: 93 West Palisade Avenue

Englewood, NJ 07631

Phone: (201) 567-0059

WEST BERGEN MENTAL HEALTHCARE – ACCESS CENTER

A community mental health center that offers a wide variety of specialized programs tailored to the needs of children, adolescents, families, and adults.

Website: www.westbergen.org

Address: 120 and 140 Chestnut Street
Ridgewood, NJ 07450

Center for Children and Youth:

1 Cherry Lane, Ramsey, NJ 07446

Phone: (201) 444-3550

ST. JOSEPH'S/ACCESS DEAF MENTAL HEALTH SERVICES

Psychiatric emergency services 24/7 for people who are Deaf or Hard of Hearing.

Website:

<https://www.stjosephshealth.org/clinical-focuses/behavioral-health-services/item/1328-access>

Phone: (973) 345-7357

NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI)

Provides information and support for adults with mental illness and their families; conducts monthly educational seminars or support groups. Visit their website for specific information.

Website: www.nami.org

Phone: 1 (800) 950-6264

NAMI Greater Bergen County:

www.namigreaterbergen.org

Phone: (201) 935-6264



SUBSTANCE USE PROVIDERS (ADDICTION)

PERFORM CARE

The contracted state front door to services for children. Provides a path for families to request appropriate therapeutic care.

Deploys Mobile Response & Stabilization Services. Available 24/7.

Website: www.performcarenj.org

Phone: (877) 652-7624

BERGEN COUNTY DIVISION OF MENTAL HEALTH & ADDICTION SERVICES

Offers information and referrals to interested parties seeking substance use prevention, treatment and recovery support services..

Phone: (201) 634-2750

BERGEN NEW BRIDGE MEDICAL CENTER

Provides comprehensive individualized behavioral care to assess any underlying medical or biochemical cause for mental health or substance use symptoms. Serves children, youth, and families.

Website:

<https://www.newbridgehealth.org/health-services/behavioral-health/>

Address: 230 East Ridgewood Ave.

Paramus, NJ 07652

Access Center: 1 (800) 730-2762

TEEN T.H.R.I.V.E. RECOVERY

(@BERGEN NEW BRIDGE MEDICAL CENTER)

Provides adolescent substance abuse group therapy program for teenagers.

Website:

<https://www.newbridgehealth.org/health-services/substance-use-disorder-treatment/intensive-outpatient-programs/teen-thrive-recovery/>

Phone: (201) 967-4000 x25975

BERGEN COUNTY

DIVISION OF FAMILY GUIDANCE

A resource for youth and families in need.

Offer counseling, prevention, and intervention programs. Offers a 24-hour crisis unit for youth.

Website:

<https://www.co.bergen.nj.us/divisions-of-family-guidance>

Address: One Bergen County Plaza

Hackensack, NJ 07601

Phone: (201) 336-7350

FAMILY SUPPORT ORGANIZATION OF BERGEN COUNTY

Provides support, education, and advocacy for caretakers of children with emotional, behavioral, developmental, or substance use challenges.

Website: www.bergenspromise.org

Address: 108 29th St, Fair Lawn, NJ 07410

Phone: (201) 796-6209

THE CENTER FOR ALCOHOL & DRUG RESOURCES-a division of Children's Aid and Family Services

Provides substance abuse prevention, education, information, and referral services to county residents, businesses, schools, faith-based organizations, municipal alliances, and social service agencies.

Website: <https://www.tcadr.org/>

Address: 22-08 State Route 208 South

Suite 7, Fair Lawn, NJ 07410

Phone: (201) 740-7069

RISE (The Recovery & Individualized Support Expansion Program) (Care Plus, NJ)
Offers free supportive services for youth and young adults in the community who may be at risk for substance use, or who are currently struggling with substance use.

Address: 610 Valley Health Plaza
Paramus, NJ 07652
Phone: (201) 265-8200 x5207

SMOKING CESSATION FOR TEENS

SmokefreeTXT is a free text message cessation service that provides 24/7 encouragement, advice and tips to teens trying to quit smoking. Teens must sign up, and once signed up receive a free text message for 6 weeks, according to their selected quit date.

Website: <https://teen.smokefree.gov/>
QUIT to iQUIT (47848).

HIGH FOCUS CENTERS – PARAMUS

Offers a variety of treatment options, including outpatient drug and alcohol rehab services as well as structured mental health therapy programs.

Website: <https://highfocuscenters.pyramidhealthcarepa.com/locations/paramus-outpatient/>

Address: 40 Eisenhower Drive
Paramus, NJ 07652
Phone: (201) 291-0055



PERFORM CARE

The contracted state front door to services for children. Provides a path for families to request appropriate therapeutic care.

Deploys Mobile Response & Stabilization Services. Available 24/7.

Website: www.performcarenj.org

Phone: (877) 652-7624

AUTISM NJ

Committed to ensuring safe and fulfilling lives for individuals with autism, their families, and the professionals who support them.

Website: <https://www.autismnj.org/>

Address: 500 Horizon Dr. Suite 530

Robbinsville, NJ 08691

Phone: (609) 588-8200

BERGEN COUNTY SPECIAL SERVICES CAPE RESOURCE CENTER

Provides linkages to individuals/families with special needs, as well as professionals in the field, to appropriate resources and services. We have monthly parent/caregiver support groups and webinars on disability-related topics. Our services are provided at no cost.

Website: <https://www.bergen.org/cape>

Address: 540 Farview Avenue

Paramus, NJ 07652

Phone: (201) 343-6000 x4067

THE ARC OF BERGEN & PASSAIC

Provides an array of intervention & prevention services for infants to older adults with developmental disabilities.

Website: <https://www.arcbp.com/>

Address: 223 Moore Street

Hackensack, NJ 07601

Phone: (201) 343-0322

EASTERN CHRISTIAN CHILDREN'S RETREAT

Provides care, programs, and resources for individuals with intellectual and developmental disabilities, ensuring that each resident reaches their full potential.

Website: <https://hopechristian.org/>

Address: 700 Mountain Ave

Wyckoff, NJ 07481

Phone: (201) 848-8005

HEIGHTENED INDEPENDENCE AND PROGRESS

Center for Independent Living

Wide range of services for people with disabilities in the areas of advocacy, information and referral, peer support, and independent living skills training.

Website: <https://www.hipcil.org/>

Address: 131 Main St. Suite 120

Hackensack, NJ 07601

Phone: (201) 996-9100

NATIONAL INSTITUTE FOR PEOPLE WITH DISABILITIES OF NEW JERSEY (NIPD/NJ)

Provides in-home respite services for individuals and families to help them live independently as possible.

Website:

<https://www.yai.org/affiliate/nipdnj>

Address: 45 Whitney Road, 2nd Floor

Mahwah, NJ 07430

Phone: (201) 750-0509

SPAN PARENT ADVOCACY NETWORK

Provides information, resources, support, and advocacy assistance to families, professionals, policymakers, and our Parent Center colleagues.

Website: <https://spanadvocacy.org/>

Warmline: 1 (800) 654-SPAN (7726)

Address: 35 Halsey St. 4th Floor,
Newark, NJ 07102

Phone: (973) 642-8100

BERGEN COUNTY

SPECIAL SERVICES SCHOOL DISTRICT

The county-wide public school district offers special education programs and services for children and adults with disabilities, as well as an extensive array of services to facilitate the transition from school to adult life, including employment and/or post-secondary education.

Website: <https://www.bergen.org/bcss>

Address: 540 North Fairview Avenue

Paramus, NJ 07652

Phone: (201) 343-6000 x4070

**NEW JERSEY DEPARTMENT OF EDUCATION
SPECIAL EDUCATION DIVISION**

Responsible for supervising and monitoring the implementation of the Individuals with Disabilities Education Act of 2004 (IDEA), provides leadership to ensure compliance with state and federal regulations and establishes standards that promote improved outcomes for students with disabilities.

Website:

<https://www.nj.gov/education/specialed/>

Address: 100 River Plaza, Trenton, NJ 08611

Phone: (609) 633-6833

**BERGEN COMMUNITY COLLEGE – TURNING
POINT PROGRAM**

A two-year postsecondary experience for young adults with an intellectual disability interested in academic, vocational, and social enrichment.

Address: Pitkin Education Center

400 Paramus Road, Paramus, NJ 07652

Phone: (201) 493-4087

Email: turningpoint@bergen.edu

SPAN PARENT ADVOCACY NETWORK

Provides information, resources, support, and advocacy assistance to families, professionals, policymakers, and our Parent Center colleagues.

Website: <https://spanadvocacy.org/>

Warmline: 1 (800) 654-SPAN (7726)

Address: 35 Halsey St. 4th Fl.,

Newark, NJ 07102

Phone: (973) 642-8100

GREATER BERGEN COMMUNITY ACTION

Provides comprehensive services and programs which include Head Start – a comprehensive early childhood education, health, nutrition, and parent involvement services to low-income children and families.

Website: <https://www.greaterbergen.org/>

Bergen County Head Start:

263 Lafayette Avenue,
Cliffside Park, NJ 07010

Phone: (201) 366-1020

**Bergenfield Head Start/Early Head Start
Center:**

100 Portland Avenue
Bergenfield, NJ 07621

Phone: (201) 384-9885

Cliffside Park Head Start Center:

263 Lafayette Avenue,
Cliffside Park, NJ 07010

Phone: (201) 366-1020

**Hackensack Passaic Street Head Start
Center:**

40 Passaic Street, Hackensack, NJ 07601

Phone: (201) 525-1600

Garfield Head Start Center:

535 Midland Avenue, Garfield, NJ 07026

Phone: (973) 772-0016

BRIDGES FAMILY SUCCESS CENTER

Community-based, family-centered neighborhood gathering places where community residents can go for family support, information, and services.

Website: <https://buildingbridges-fsc.org/>

Address: 44 Armory St.

Englewood, NJ 07631

Phone: (201) 568-0817x 115

MEADOWLANDS FAMILY SUCCESS CENTER

A family-centered, community-based, neighborhood gathering place for all residents to receive support, information, and services that help reduce isolation and foster connections between families.

Website:

<https://www.meadowlandsfsc.org/index.html>

Address: 100 Washington Avenue

Little Ferry, NJ 07643

Phone: (201) 464-4714

BERGEN FAMILY CENTER

A nonprofit organization whose mission is to strengthen communities by providing services to individuals, families, and children that enhance their ability to live independently, manage challenges and improve the quality of their lives.

Website: <https://bergenfamilycenter.org/>

Address: 44 Armory Street

Englewood, NJ 07631

Phone: (201) 568-0817

BETHANY CHRISTIAN SERVICES

Dedicated to empowering and strengthening youth, families, and adults through quality social services.

Website: <https://bethany.org/>

Address: 12-19 River Road

Fair Lawn, NJ 07410

Phone: (201) 703-4371

CHILDREN'S AID AND FAMILY SERVICES

Providers of services that protect and support vulnerable children, adults, and families. Services include working with a child seeking an adoptive family, teaching life skills to individuals with intellectual and developmental disabilities, and educating a teen on the perils of substance abuse.

Website: <https://cafsnj.org/>

Address: 200 Robin Road

Paramus, NJ 07652

Phone: (201) 261-2800

GREATER BERGEN COUNTY YMCA - NEW MILFORD CENTER

Offer a variety of programs designed to meet community needs and provide services.

Website: <https://www.metroymcas.org/locations/greater-bergen-county-ymca-new-milford-center/new-milford-center/>

Address: 1092 Carnation Dr.

New Milford, 07646

Phone: (973) 758-9039

THE YWCA OF NORTHERN NEW JERSEY

Offers self-care, empowerment workshops for girls and women, and a safe healing environment for survivors of sexual violence.

Website: <https://ywcannj.org/>

Address: 214 State St., Suite 203A

Hackensack, NJ 07601

Phone: (201) 881-1700

BASIC NEEDS: Housing, Food, Utility Assistance, Benefits

CENTER FOR FOOD ACTION

Homeless Prevention Program – Rental Assistance

Provides financial assistance for clients with a court-ordered eviction notice or lock-out.

Website: <https://www.cfanj.org/>

Can apply at any CFA location, but call in advance for hours of operation:

- Englewood 192 W. Demarest Ave. (201) 569-1804
- Hackensack 316 First St. (201) 883-9375
- Mahwah 90 Ridge Road (201) 529-2029
- Saddle Brook 224 Midland Ave. (201) 703-9857
- Bergen Community College 400 Paramus Road (201) 447-7191

BERGEN COUNTY BOARD OF SOCIAL SERVICES

Provides an array of social services to help individuals and families meet their basic needs so they can live in dignity and achieve their highest potential.

Website: <https://bcbs.com/>

Address: 216 Rte. 17N, Bldg. A

Rochelle Park, NJ 07662

Phone: (201) 368-4200

BERGEN HEARTS

Assist Bergen County families who are experiencing a homeless emergency find and transitioning to a healthy, safe, and secure living environment while they build on their family's strengths and develop the skills to overcome their family's unique challenges in order to live independently in the community.

Website:

<https://www.co.bergen.nj.us/hearts-homeless-family-services>

Address: 40 Passaic St, Hackensack NJ 07601

Phone: (201) 488-2525

Family Promise of Bergen County

Aims to empower homeless working families to become self-sufficient by providing temporary housing and personalized support.

Website: www.bergenfamilypromise.org

Phone: (201) 833-8009

GREATER BERGEN COMMUNITY ACTION

Provides financial education, credit counseling, housing counseling, as well as home energy assistance programs.

Website: <https://www.greaterbergen.org/>

Address: 392 Main Street

Hackensack, NJ 07601

Phone: (201) 488-5100

Homeless Prevention Program

294 Union St., Hackensack, NJ 07601

(201) 488-5100 ext. 7041 or 7166

Low-Income Heat & Energy Assistance Program (LIHEAP)

294 Union St., Hackensack, NJ 07601

(201) 488-5100

MCKINNEY-VENTO (EHCY) PROGRAM

Provides federal funding to states for the purpose of supporting district programs that serve displaced students. Under this program, State educational agencies (SEAs) must ensure that each homeless child and youth has equal access to the same free, appropriate public education, including public preschool education, as other children and youth.

Website:

<https://www.bergen.org/Page/4963>

Address: 540 Farview Ave.

Paramus, NJ 07652

Phone: (201) 343-6000

BERGEN COUNTY OFFICE FOR CHILDREN

Strengthening Bergen County Families, connecting them with quality, inclusive childcare, and supporting the childcare community with education and training
 Website:

<https://www.co.bergen.nj.us/division-of-office-for-children/about-office-for-children>

Address: One Bergen County Plaza, 2nd Floor
 Hackensack, NJ 07601
 Phone: (201)-336-7150

NJ SNAP (SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM)

Provides food assistance to families with low incomes to help them buy groceries through a benefits card accepted in most food retail stores and some farmers' markets.

Website:

<https://www.nj.gov/humanservices/njsnap/>

Address: 222 South Warren Street,
 P.O. Box 700, Trenton, NJ 08625
 Phone: (609) 292-3717

SPECIAL SUPPLEMENTAL NUTRITION PROGRAM FOR WOMEN, INFANTS, AND CHILDREN (WIC)

Provides federal grants and supplemental foods, health care referrals, and nutrition education for low-income pregnant, breastfeeding, and non-breastfeeding postpartum women, as well as infants and children up to age five who are found to be at nutritional risk.

Website:

<https://www.wicprograms.org/ci/nj-hackensack>

Address: 205 State Street
 Hackensack, NJ 07601
 Phone: (973) 754-4575

NJ 2-1-1

Accessibility to various resources and programs to assist people who need help with life's most basic needs. Things such as food, utilities, affordable housing, rental assistance, mental and physical health, substance use disorders, child care, senior needs, legal assistance, transportation, disability services and so much more.

Website: <https://www.nj211.org/>

Access by dialing **211** or

Text your zip code to **898-211**

WOMEN'S RIGHTS INFORMATION CENTER

Provides knowledge and opportunities to support the economic aspirations, self-sufficiency, and emotional well-being of individuals so they may live with hope, security, and dignity.

Website: womensrights.org

Address: 108 W Palisade Ave
 Englewood, NJ 07631
 Phone: (201) 568-1166



ADDITIONAL RESOURCES

PARTNERSHIP FOR MATERNAL & CHILD HEALTH OF NORTHERN NEW JERSEY

A nonprofit organization that is committed to providing prenatal and early childhood development for women, children, and families. <https://www.partnershipmch.org/>
Address: 333 Meadowlands Parkway, Suite 101, Secaucus, NJ 07094
Phone: (201) 876-8900

CASA OF BERGEN COUNTY

Serves as a voice in the courtroom for abused and neglected foster children.
Website: <https://www.bergencasa.org/>
Address: One Bergen County Plaza Suite 334, Hackensack, NJ 07601
Phone: (201) 336-7520

BERGEN COUNTY PFLAG

Offers advocacy, support, and education in our communities to change attitudes and create policies and laws that achieve full equality for people who are LGBTQ.
Website: <https://pflag.org/chapter/pflag-bergen-county-washington-township>
Address: 156 Forest Avenue Paramus, NJ 07652
Phone: (201) 503-4470

BERGEN COUNTY LGBTQ+ ALLIANCE

Alliance is dedicated to advocating for equality and resources for the LGBTQ+ community in Bergen County.
www.bergencountynylgbtq.org
Phone: (201) 470-8946

BERGEN COUNTY JOB CENTER

Provides the resources and guidance individuals need to be successful in their employment goals.
Website:
<http://bergenjobcenter.com/>
Address: 60 State Street Hackensack, NJ 07601
Phone: (201) 329-9600

CARE PLUS, NJ KINSHIP PROGRAM

This service assists caregivers in making a legal commitment to the child/children in their care. To obtain legal guardianship caregivers must have been caring for a child for at least one year and accept responsibility for the child until the child's eighteenth birthday. (Twenty-one if the child is disabled).

Website:

<https://www.nj.gov/dcf/families/support/kinship/>

Phone: (201) 398-9110 ext.5645

BUDDIES OF NJ, INC.

A nonprofit, community-based organization, is a resource center offering a network of support, education, and services for people living with and affected by HIV/AIDS.

Website: <https://www.njbuddies.org/>

1489 Hudson Street
Hackensack, NJ 07601
Phone: (201) 489-2900

SOCIAL SERVICE ASSOC. OF RIDGEWOOD AND VICINITY

Residents of Waldwick, Ridgewood, Glen Rock, Ho-Ho-Kus, Midland Park, and Wyckoff

Website: <https://www.ssaridgewood.org/>

Address: 6 Station Plaza,
Ridgewood, NJ 07451
(201) 444-2980

GARDEN STATE EQUALITY

New Jersey's largest LGBTQ advocacy and education organization provides policy work and training to address safe environments for youth, adults, and seniors.

Website:

<https://www.gardenstateequality.org/>

40 South Fullerton Ave
Montclair, NJ 07042
Phone: (973) 509-5428